

Monthly Goal/ Income Sheet

Month: _____

Goal this Month: \$ _____ (must be reasonable i.e +\$1,000 from last Month's revenue)

Guaranteed Revenue (this includes automatic renewals, monthly subscriptions, affiliate payouts, etc. label where this revenue is coming from)

Example:1. \$400 from: Susan T. via: 12 week online training automatic renewal

1. \$ _____ **from:** _____ **via:** _____
2. \$ _____ **from:** _____ **via:** _____
3. \$ _____ **from:** _____ **via:** _____
4. \$ _____ **from:** _____ **via:** _____
5. \$ _____ **from:** _____ **via:** _____
6. \$ _____ **from:** _____ **via:** _____
7. \$ _____ **from:** _____ **via:** _____
8. \$ _____ **from:** _____ **via:** _____
9. \$ _____ **from:** _____ **via:** _____
10. \$ _____ **from:** _____ **via:** _____

11. Continue as needed

Prospective Income (this includes client prospects, merchandise, programs, affiliates, etc.) *it's okay to guess on this revenue but the more you project your future earnings, the more you will adhere to reaching these goals

Example:1. \$1200 from: Mike Z. via: 16 week nutrition coaching

1. \$ _____ **from:** _____ **via:** _____
2. \$ _____ **from:** _____ **via:** _____
3. \$ _____ **from:** _____ **via:** _____
4. \$ _____ **from:** _____ **via:** _____
5. \$ _____ **from:** _____ **via:** _____
6. \$ _____ **from:** _____ **via:** _____
7. \$ _____ **from:** _____ **via:** _____
8. \$ _____ **from:** _____ **via:** _____
9. \$ _____ **from:** _____ **via:** _____
10. \$ _____ **from:** _____ **via:** _____

11. Continue as needed

I will reach these goals by:

Ex. Talking to current prospects and getting them on a consultation call

- 1.**
- 2.**
- 3.**
- 4.**
- 5.**
- 6. Continue as needed**

****I highly recommend you keep an extra calendar used to track ALL of your income so you can compare, set other goals, and monitor your Month's revenue**

PRO TIP: Use abbreviations for names of clients with what they purchased and how much it was

ST/OPT \$400 = Susan T. Online Personal Training \$400

EXAMPLE BELOW

WEEKLY PLANNER						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1	ST/OPT \$400		MZ/NC \$1600			
Week 2						
Week 3						
Week 4						
Week 5						

